



Arizona Department of Economic Security
Division of Developmental Disabilities

## MISSION STATEMENT DIVISION OF DEVELOPMENTAL DISABILITIES

**Mission:** To support the choices of individuals with disabilities and their families by promoting and providing within communities, flexible, quality, consumer-driven services and supports.

**Vision:** Individuals with developmental disabilities are valued members of their communities and are involved and participating based on their own choices:

#### We Value:

- Healthy relationships with people;
- Individual and family priorities and choices;
- Equal access to quality services and supports for all individuals and families;
- Partnerships and ongoing communication with individuals, family members, advocates, providers and community members;
- Developmental approaches changing conditions that affect people rather than changing people who are affected by conditions;
- Individual freedom from abuse, neglect and exploitation with a balance between the right to make choices and experience life and individual safety;
- A diverse workforce that is motivated, skilled and knowledgeable of and uses the most effective practices known;
- An environment rich in diversity in which each person is respected and has the opportunity to reach their optimal potential;
- An individual's right to choose to participate in and contribute to all aspects of home and community life;

- A system of services and supports which are:
  - Responsive timely and flexible responses to internal and external customers;
  - Strength based recognizing people's strengths, promoting self-reliance, enhancing confidence and building on community assets;
  - Effective ongoing identification of effective methods and practices and incorporation of those practices into operations; and
  - Accountable to our customers and to the taxpayers.

#### **PURPOSE**

This booklet is designed to give you a brief overview of the functions of the Division of Developmental Disabilities (Division) including how to apply for supports and services, eligibility requirements, funding, planning for supports and services, a description of possible supports and services as well as a listing of local offices for you to contact for further information. Extensive information about the Division may be found at www.azdes.gov/ddd or you may call your nearest office as noted at the end of this booklet.

# OVERVIEW OF THE DIVISION OF DEVELOPMENTAL DISABILITIES

The Division of Developmental Disabilities, within the Arizona Department of Economic Security, provides supports and services to eligible individuals with developmental disabilities.

The Division believes individuals can best be served in integrated community settings. The majority of supports and services are tailored to meet a person's needs at home and in community-based settings. In accordance with the principles of family support, services and supports provided to a person with a developmental disability will:

- strengthen the family's role as a primary caregiver;
- prevent inappropriate out-of-home placement;

- maintain family unity;
- reunite families with members who have been placed out of home; and
- include a broad range of supports and services.

The Division coordinates supports, services and resources through a central administrative office, six district offices and over 50 local offices in various communities throughout the state. These local offices promote access to community resources and program flexibility in meeting the person's needs.

#### **HOW TO APPLY FOR SUPPORTS AND SERVICES**

Application for services may be made at the Division office nearest you. You can find a listing of all of the local offices at the end of this booklet. You may also submit a referral at www.azdes.gov/ddd and someone will contact you.

You may call a local office and ask to speak with someone about an intake interview. Upon making an appointment, a Support Coordinator or Intake Worker will meet with you, review eligibility requirements and the documentation required, discuss your needs and possible supports and help you complete the necessary paperwork.

Documentation to establish eligibility includes items such as:

- proof of age, i.e., birth certificate;
- proof of residency;
- medical records;
- evaluations such as developmental, physical, occupational, speech and/or psychological;
- school records or other records applicable to determination of eligibility and/or identification of needs;
- court documents relating to guardianship, (as applicable); and
- proof of any health insurance.

#### **ELIGIBILITY**

An Arizona resident who has a chronic disability which is attributable to mental retardation, cerebral palsy, epilepsy or autism that was manifested before the age of 18 may be eligible. The disability must also result in substantial functional limitations in three or more of the following areas of major life activity:

- self-care: eating, hygiene, bathing, etc.;
- receptive and expressive language: communicating with others;
- learning: acquiring and processing new information;
- mobility: moving from place to place;
- self-direction: managing personal finances, protecting self-interest or making independent decisions which may affect well-being;
- capacity for independent living: ability to live on one's own and
- economic self-sufficiency: being able to financially support oneself.

Children under the age of six years old may be eligible if there is a strongly demonstrated potential he/she has or will have a developmental disability.

Any child from birth to 36 months who has a developmental delay or who has an established condition, which has a high probability of resulting in a developmental delay, as defined by the State, may be eligible for supports and services. A child who has a developmental delay is defined as a child who has not reached fifty percent of the developmental milestones expected at his/her chronological age in one or more of the following areas of child development: physical, cognitive, language/communication, social/emotional, and adaptive self-help. An established condition is defined as a diagnosis of a physical or mental condition which has a high probability of resulting in a developmental delay.

## **ARIZONA LONG TERM CARE SYSTEM (ALTCS)**

The Arizona Long Term Care System (Long Term Care) is a federally funded Medicaid program of supports and services. Individuals who are eligible for services through the Division may be eligible for services through the Arizona Long Term Care System. If your Support Coordinator believes that you might be eligible for Long Term Care, you will be referred to the Arizona Health Care Cost Containment System (AHCCCS) for Long Term Care eligibility determination. If you are referred for Long Term Care eligibility determination, you must cooperate in this determination or, according to Arizona law, you will not receive services from the Division. Persons who are eligible for services through the Division are not automatically eligible for Long Term Care services.

The Division provides both acute medical services and home and community based services to people who are eligible for Long Term Care. People who are eligible for Long Term Care will receive a Member Handbook which explains the program.

## SUPPORT PLANNING

All people and families are different, therefore, services and supports are based on the person's needs, and in some cases, availability of funding. All services and supports are designed and delivered to meet the individual needs of the person and their family. Needs are determined through assessments and evaluations. For example, a therapist will do an evaluation and may make recommendations for on-going therapy. The Support Coordinator will assess for other supports and services such as Attendant Care, Habilitation, etc. Natural supports, including family, community based services and resources must be used to the maximum extent possible.

Decisions about what services and supports the person receives are based on a team process. The team consists of the person, family and the Support Coordinator. Others such as therapists and other providers involved in the life of the person may be part of the team. The Individual Support Plan, the Individualized Family Service Plan or the Person Centered Plan process reviews assessments and evaluations, identifies natural supports and assists in defining what additional supports or services may be needed to enhance the person's abilities.

If an individual is authorized to receive services, the Division provides supports and services in a variety of living environments. Most people receive supports and services in their family home or their own home. (Individuals have the right to select the providers of the supports they need, if found necessary as part of the Individual Support Plan.) A residential setting supported by Division funds may not always be available. Under certain specific circumstances, parents or other family members may be paid to provide supports and services.

#### SUPPORTS AND SERVICES

The Division provides or contracts with individuals and agencies for services and supports for persons with developmental disabilities. Services are provided to eligible individuals based on the person's identified needs, state and/or federal guidelines and, when applicable, the availability of funds.

Possible supports and services may include:

**Attendant Care:** This service provides a certified and trained attendant to assist a person to attain or maintain safe and sanitary living conditions and/or maintain personal cleanliness and activities of daily living.

**Day Treatment and Training:** This service provides training, supervision, therapeutic activities, and as appropriate, counseling, to promote skill development in independent living, self-care, communication and social relationships.

**Employment Support Services:** This service provides supports and services in a job setting.

**Habilitation:** This service uses a variety of methods designed to maximize the person's abilities. It may include habilitative therapies, special developmental skill instruction, behavior intervention or sensory-motor development. It may occur at the person's home, a community setting or in a residential setting.

**Home Health Aide:** This service, which is provided in the person's home, provides medically necessary health maintenance, continued treatment or monitoring of a health condition.

**Home Nursing:** This service provides nursing in the person's home.

**Respiratory Therapy:** This service provides treatment to restore, maintain or improve breathing.

**Respite:** This service provides a certified and trained person to supervise and care for a person in order to relieve caregivers so they can go to a movie, out to dinner, take a vacation or even a nap. Respite may be provided overnight.

**Therapies - Occupational, Physical and Speech:** These services restore, maintain or improve functional skills or a physical function or communication.

**Transportation (Non-Emergency):** This service provides or assists in obtaining transportation, but does not include ambulance services.

## **TOLL FREE NUMBERS**

Central Office: 866.229.5553

District I: 800.749.9490

District II: 877.739.3943

District III:

 Flagstaff:
 888.289.7177

 Chinle:
 866.560.8325

 Show Low:
 888.537.8013

 Window Rock:
 800.770.6493

 Prescott:
 877.739.3922

 Tuba City:
 866.283.4520

District IV: 877.739.3922

District V:

Globe: 877.227.1100 Apache Junction: 877.739.3926 ATPC: 877.739.3941

District VI: 877.739.3938 x 3121

## **ADMINISTRATIVE OFFICES**

Central Administrative Office Health Care Services 1789 W. Jefferson 2200 N. Central Ave., 207

Phoenix, AZ 85007 Phoenix, AZ 85004

602.542.0419 602.238.9028 866.229.5553 800.624.4964

## **District I (Maricopa County)**

District Administrative Office 1990 W. Camelback Rd. Ste. 308 Phoenix, AZ 85015 602.246.0546

South Camelback Office 2001 W. Camelback Rd. Ste. 170 Phoenix, AZ 85015 602.870.1721

Dobson Office 163 N. Dobson Rd. Mesa, AZ 85201 480.890.7301

McKinley Office 1824 E. McKinley Phoenix, AZ 85006 602.258.2375

Indian School Office\* 1430 E. Indian School Ste. 205 Phoenix, AZ 85014 602.277.8724

Mesa Office 1619 E. Main Mesa, AZ 85203 480.834.4233

Metro Office 11225 N. 28th Dr. C-27 Phoenix, AZ 85029 602.375.1403 North Office 13832 N. 32nd St., Ste. 104 Phoenix, AZ 85032 602.485.0236

Glendale Office 5800 W. Glenn, #260 Glendale, AZ 85301 623,435,9731

South Office 2602 S. 24th Street, Ste. 108 Phoenix, AZ 85034 602.231.9218

Southwest Office 3802 N. 53rd Ave., #250 Phoenix, AZ 85031 623.845.9804

Tempe Office 5038 S. Price Road, Ste. 14 Tempe, AZ 85282 480.831.1009

Avondale Office 290 E. La Canada Avondale, AZ 85323 623.925.5270

\*Intake

## **District II (Pima County)**

District Administrative Office 400 W. Congress, Ste. 500 Tucson, AZ 85701 520.628.6800

2nd Street Office 3655 E. 2nd Street Tucson, AZ 85716 520.318.3510

520,799,8720

Country Club 6452 S. Country Club, Ste. 101 Tucson, AZ 85706 ATPT 4710 E. 29th Street Tucson, AZ 85711 520,745,5588

Mona Lisa Office 7225 N. Mona Lisa, #202 Tuscson, AZ 85741 520.742.7679

#### **District III**

(Apache, Coconino, Navajo and Yavapai Counties)

District Office 2705 N. 4th Street, Ste. A Flagstaff, AZ 86004 928.773.4957

Chinle Office P.O. Box 2150 Chinle, AZ 86503 602.870.1721

Cottonwood Office 1500 E. Cherry, #G Cottonwood, AZ 86326 928.634.2184

Eager Office P.O. Box 1924 Eagar, AZ 85925 928.333.5784

Holbrook Office 153 W. Vista Drive Holbrook, AZ 86025 928.524.2646 Kykotsmovi Office P.O. Box 683 Kykotsmovi, AZ 86039 928.734.2202

Page Office P.O. Box Page, AZ 86040 928.645.0215

Prescott Office -Ainsworth 1000 Ainsworth Drive, Ste. 100 Prescott, AZ 86301 928.778.5290

Prescott Office - Grove 234 Grove St. Prescott, AZ 86305 928.777.8639 Show Low Office 2500 E. Cooley #410 Show Low, AZ 85901 928.532.4325

Tuba City Office P.O. Box 1199 Tuba City, AZ 86045 928.283.4520 Window Rock Office P.O. Box 4739 Window Rock, AZ 86515 928.871.3696

Winslow Office 319 E. 3rd Street Winslow, AZ 86047 928,289,2936

#### **District IV**

(La Paz, Mohave and Yuma Counties)

District Office 350 W. 16th Street, Ste. 232 Yuma, AZ 85364 928.782.4343

Bullhead City Office 2601 Hwy. 95 Bullhead City, AZ 86442 928.704.7776

Colorado City Office 480 South Central Colorado City, AZ 86021 928.875.8458

Kingman Office 519 E. Beale St, Ste. 155 Kingman, AZ 86401 928,753,4868 Lake Havasu City Office 232 London Bridge Road Lake Havasu, AZ 86403 928.453.7171

Parker Office 1032 Hopi Avenue Parker, AZ 85344 928.669.9293

Yuma Office 1220 S. 4th Avenue Yuma, AZ 85364 928.782.7523

## **District V**

(Pinal and Gila Counties)

District Office 110 S. Idaho Rd., #240 Apache Junction, AZ 85220 480.982.0018 ATPC 2800 N. Hwy. 87 Coolidge, AZ 85228-1467 520.723.4151 Casa Grande Office 401 N. Marshall Street Casa Grande, AZ 85222

520.426.3529

Coolidge Office 1155 N. Arizona Boulevard Coolidge, AZ 85228 520.723.5351

Eloy Office 109 N. Sunshine Blvd. Elov, AZ 85231 520.466.4226

Globe Office 910 N. Broad Street Globe, AZ 85501 928.425.3255

**Kearny Office** 331 Alden Road Kearny, AZ 85237 520.363.5568

Payson Office 122 E. Hwy. 260, Ste. 110 Payson, AZ 85541 928.474.1204

### **District VI**

(Cochise, Graham, Greenlee and Santa Cruz Counties)

District Office 209 Bisbee Road Bisbee, AZ 85603 520.432.5703

Benson Office 549 W. 4th Street Benson, AZ 85602 520.586.9665

Bisbee Office 207 Bisbee Road Bisbee, AZ 85603 520.432.2257

Clifton Office 300 N. Coronado Blvd Clifton, AZ 85533 928.865.4131

**Douglas Office** 1140 "F" Avenue Douglas, AZ 85607 520.364.4446

Safford Office 1938 Thatcher Boulevard Safford, AZ 85546 928.428.0474

Sierra Vista Office 2981 E. Tacoma Street Sierra Vista, AZ 85635 520.458.7166

**Nogales Office** 1843 N. State Drive Nogales, AZ 85621 520.281.1947

Willcox Office 256 S. Curtis Willcox, AZ 85643 520.384.4668

The Division of Developmental Disabilities is an equal opportunity employer and program. • Under the Americans with Disabilities Act (ADA), the Department must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. For example, this means that if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. This document is available in alternative formats by calling (602) 542-6825.

